

# 59 AFFIRMATIONS FOR CHAKRA HEALING

Healing for Humanity

1. I CAN HEAL FROM MY PAST.

2. I AM OVERCOMING MY ISSUES.

3. I AM FREE FROM NEGATIVITY

4. I AM HAPPY WITH MY LIFE RIGHT  
NOW.

5. MY CHAKRAS ARE BALANCED AT THIS  
MOMENT.

6. I AM GROWING EVERY DAY.

7. I AM IN HARMONY WITH MY  
SURROUNDINGS AND PEOPLE.



8. I TRUST THAT I HAVE EVERYTHING I  
NEED TO LIVE MY LIFE.

9. MY CHAKRAS ARE CLEANSED AND  
BALANCED FOR HEALING, UPLIFTING , AND  
ENERGIZING.

10. MY CHAKRAS ARE CLEANSED AND BALANCED  
FOR CLEARING AND HEALING MY CHAKRA.

11. I HAVE APPROACHED A HIGHER LEVEL OF  
CONSCIOUSNESS.

12. I DESERVE GREAT THINGS IN LIFE.

13. MY HIGHER POWER IS WITH ME EVERY STEP OF  
THE WAY.

14. I AM BECOMING WHO I WANT TO BE.

15. I DESERVE SUCCESS IN MY  
LIFE.



16. I KNOW MY HIGHER POWER IS WITH ME  
EVERY STEP OF THE WAY.

17. I AM BECOMING WHO I WANT TO BE.

18. MANIFESTING SUCCESS IS EASY FOR ME.

19. I AM OPEN TO RECEIVING ALL THAT IS GOOD IN  
LIFE.

20. I AM GUIDED IN MY SPIRITUAL  
DEVELOPMENT.

21. I AM OPEN TO RECEIVING ALL THAT IS GOOD  
FOR ME.

22. AT THIS MOMENT, I AM EXPERIENCING  
UNLIMITED ABUNDANCE.

23. MONEY FLOWS TO ME EASILY AND  
CONTINUOUSLY.



24. IT IS EASY FOR ME TO ACCEPT THINGS AND  
FLOW WITH LIFE'S DAILY CHANGES.

25. I AM APPRECIATIVE OF MY LIFE.

26. I AM GRATEFUL FOR ALL THAT IS HAPPENING  
TO ME AT THIS MOMENT.

27. I DESERVE ALL THAT IS GOOD FOR ME. I AM  
OPEN TO RECEIVING IT.

28. I AM HAPPY AND CONTENT WITH MY LIFE NOW.

29. IT IS EASY FOR ME TO BECOME HAPPY, JOYOUS,  
AND CONTENT WITH ANY CIRCUMSTANCE THROUGH THE  
POWER OF POSITIVE THINKING.

30. I HAVE THE INNER STRENGTH TO CHANGE FOR  
THE BETTER.

31. I FEEL GOOD ABOUT MYSELF.



32. MY HIGHER INSIGHT IS GIVING ME A BETTER  
UNDERSTANDING OF MY LIFE SITUATIONS.

33. I KNOW MY HIGHER POWER IS ALWAYS ON MY  
SIDE.

34. I AM GRATEFUL FOR WHO I AM AND WHAT I HAVE  
IN THIS LIFE.

35. I AM GRATEFUL FOR ALL THAT I AM  
EXPERIENCING NOW AT THIS MOMENT.

36. I AM GRATEFUL TO BE ALIVE AND ENJOYING  
MY LIFE TODAY.

37. I AM GRATEFUL FOR ALL THAT IS HAPPENING  
IN MY LIFE AND THOSE YET TO COME.

38. I AM FEELING GREAT LOVE IN THE SPIRITUAL  
ENERGY OF MY HIGHER POWER'S PRESENCE IN MY.

39. I AM FEELING GRATEFUL FOR THE SPIRITUAL  
ENERGY THAT SUSTAINS AND HEALS ME ON A SOUL  
LEVEL.



40. THIS LOVE IS THE MOST IMPORTANT THING IN  
MY LIFE RIGHT NOW.

41. DIVINE LOVE IS OCCURRING IN MY LIFE NOW  
THROUGH THE POWER OF MY THOUGHTS AND THE POWER  
OF MY HIGHER POWER'S PRESENCE IN MY LIFE.

42. IT IS EASY TO LOVE EVERYONE IN MY LIFE.

43. I LOVE MY FAMILY, FRIENDS, AND ENEMIES AND  
ENJOY THEIR PRESENCE IN MY LIFE.

44. I AM OPEN TO RECEIVING THE  
MANIFESTATION OF MY GREATEST HOPES AND  
DREAMS.

45. I DESERVE TO MANIFEST GREAT THINGS IN MY  
LIFE. SINCE I AM OPEN TO RECEIVING THEM, THEY  
WILL MANIFEST IN MY LIFE NOW.

46. I HAVE GROWN AND CHANGED FOR THE  
BETTER.

47. I AM OPEN TO RECEIVING NEW LIFE EXPERIENCES  
EVERY DAY THAT ARE GOOD FOR ME.



48. EVERY MOMENT IS NEW TERRITORY FOR ME TO  
EXPLORE, EXPERIENCE, AND ENJOY THE RICHES OF LIFE.

49. EVERY DAY BRINGS NEW EXPERIENCES FOR ME  
TO ENJOY.

50. I AM OPEN TO RECEIVING THEM AND  
APPRECIATING THEM IN MY LIFE.

51. I HAVE FAITH IN MY ABILITY TO MAKE A  
DIFFERENCE IN THE LIVES OF OTHERS IN A POSITIVE  
WAY.

52. IT IS EASY FOR ME TO ALWAYS TREAT  
OTHERS WITH RESPECT AND DIGNITY.

53. I SEE GOOD IN EVERYONE I MEET.

54. I BELIEVE IN MYSELF. I KNOW I CAN  
ACCOMPLISH ANYTHING I PUT MY MIND TO.

55. I BELIEVE IN MY TALENTS, INTELLIGENCE, AND  
SKILLS, WHICH GIVE ME STRENGTH IN FACING  
ADVERSITY.



56. I SEE GROWING LIGHT EVERYWHERE I LOOK.

57. I KNOW GOOD IS ALWAYS COMING TO ME AND  
DONE BY THE POWER OF MY HIGHER POWER'S  
PRESENCE IN MY LIFE.

58. I AM OPEN TO ACCEPTING DIVINE LOVE AND  
ENJOYING IT EVERY DAY OF MY LIFE.

59. I AM GRATEFUL FOR THE ENLIGHTENMENT AND  
UNDERSTANDING OF MY HIGHER POWER'S PRESENCE  
IN MY LIFE.